

# QUÉBEC CITY TOURS

**RVC2020**

Québec, Québec



québec  
original

québec cité  
l'accent  
d'Amérique

May 4, 2020

## MICROBREWERY TOUR

Treat yourself and explore the wide variety of [microbreweries](#) in the Québec City Area during a guided walking tour of [Saint-Roch](#), a popular, creative and very trendy neighbourhood. Soak up the flavours of the region with craft beers and local products at the establishments you visit. The tour includes a visit to a brewery, nine glasses of beer, appetizers and three hours of fun!

**Time:** 4:45 p.m. to 8:00 p.m.

**Mobility:** Moderate

**Transportation:** Foot

**Attire:** Comfortable walking shoes



May 5, 2020

## WELL-BEING AND REJUVENATION

The Québec City region is full of places that promote a healthy body and peaceful mind. Attend a unique healing experience at a yoga workshop adapted to your level of experience, which aims to promote postural health, reduces stress and anxiety, relieves muscle tension and helps to eliminate toxins. The activity will be held within the historic grounds of the [Monastère des Augustines](#), a historic place dedicated to health for almost 400 years. In addition, enjoy the thermal experience at the [Strøm spa nordique \(Vieux-Québec\)](#), located on the banks of the St. Lawrence River on a site of remarkable natural beauty, which will allow you to put your life on pause for a while to live a moment of global relaxation in perfect harmony with nature.

**Time:** 8:15 a.m. to 12:30 p.m.

**Mobility:** Moderate

**Transportation:** Bus

**Attire:** Comfortable clothing (yoga style), bathing suit and sandals for the spa



May 5, 2020

## MEETING A NATION: WENDAKE

Discover the history, culture and art of the Huron-Wendat Nation in Wendake, a First Nations reserve few minutes away from Québec City. Let yourself be enchanted by the myths and legends of the First Nations at the [Hôtel-Musée Premières Nations](#), where you will be welcomed in an enchanting setting on the banks of the Akiawenrahk (Saint-Charles) River. This 4-star boutique hotel is a visually stunning tribute to the aesthetics of the First Nations. Then head to the [Huron Onhoüa Chetek8e Traditional Site](#) for a tour and a presentation on purification techniques. This authentic reconstruction of a Huron village opens a window on the history, traditions and way of life of the Huron nation. Complete your immersion by tasting Native American cuisine (elk, deer, bison) at the Nek8arre restaurant. Vegetarian option is also available.

**Time:** 8:15 a.m. to 2:00 p.m. - Lunch included

**Mobility:** Easy

**Transportation:** Bus



May 5, 2020

## CITY TOUR BY BUS

Step into a postcard with a guide and be transported by the European charm of [Old Québec](#), a UNESCO World Heritage Site, the birthplace of French America and the only fortified city north of Mexico. Learn more about the 400-year history and culture of Quebec City, a true stronghold of the French language in America, by visiting its main [neighborhoods](#) as well as some of its [must-see attractions](#), including the fortifications, the Plains of Abraham, the Fairmont Le Château Frontenac and the National Assembly.

**Time:** 8:45 a.m. to 12:00 p.m.

**Mobility:** Easy

**Transportation:** Bus



May 5, 2020

## EARTH AND SEA EXPERIENCE

Sit back comfortably and soak up by the city's rich 400-year history on a classic red double-decker bus where you will visit its main [neighborhoods](#) as well as some of its [must-see attractions](#), including the fortifications, the Plains of Abraham, the Fairmont Le Château Frontenac and the National Assembly. Then set sail for a fascinating 1.5 hour guided cruise on the St. Lawrence River aboard the AML Louis-Jolliet with Croisières AML. You will learn a little more about the history of Québec City, the river and its surroundings while admiring, from the deck, the breathtaking views of the [Montmorency Falls](#) and [île d'Orléans](#). Please note that the tour will be held regardless of the hazards of Mother Nature. An indoor seat is guaranteed to all participants.

**Time:** 8:45 a.m. to 1:30 p.m. - Lunch included

**Mobility:** Easy

**Transportation:** Bus and boat



May 5, 2020

## WALKING TOUR

[Old Québec](#) is an open-air museum that is best explored on foot in the company of a local guide. Walk its neighborhoods with European charm, such as the Terrasse Dufferin, rue Saint-Jean, Petit-Champlain and Place-Royale as well as the Vieux-Port, essential magical icons of our destination. Stroll along the [fortifications](#) surrounding this UNESCO World Heritage Site, wander the [oldest streets](#) in North America and admire the breathtaking views that will amaze you.

**Time:** 9:15 a.m. to 12:00 p.m.

**Mobility:** Moderate

**Transportation:** Foot

**Attire:** Comfortable walking shoes



May 5, 2020

## TREASURES OF THE CÔTE-DE-BEAUPRÉ

During your visit to the [Côte-de-Beaupré](#), travel back in time while traveling the 40 kilometers of the Chemin du Roy, the oldest road in the New France. Meditate at the [Sainte-Anne-de-Beaupré Shrine](#), the oldest pilgrimage site north of Mexico, and discover this high place dedicated to Saint Anne, grandmother of Jesus, which has been frequented for over 350 years. Experience the art of copper repoussé, a technique that combines cultural and artistic tradition, at [Albert Gilles Copper Art](#). On your way back to Québec, see the full force of [Montmorency Falls](#), a striking natural phenomenon 30 metres higher than Niagara Falls. Enjoy the view, while you are comfortably seated for dinner at the Manoir du Parc de la Chute-Montmorency.



**Time:** 9:15 a.m. to 1:30 p.m. - Lunch included

**Mobility:** Moderate

**Transportation:** Bus

May 5, 2020

## GOURMET TRIP TO THE ÎLE D'ORLÉANS

Connect with local artisans on a trip full of history and flavours. Travel back in time to 18th century rural Québec on the [Île d'Orléans](#), with its centuries-old villages, farms, churches, and heritage homes. Nicknamed the “Garden of Quebec”, the Île d'Orléans is the ideal destination to meet local artisans and taste their products. Ice ciders, chocolates, blackcurrant liqueurs and cheeses are some of the star products of this country-style island. In the company of a guide, discover a hub of local culinary artisan, producers and products that will delight your taste buds.



**Time:** 9:45 a.m. to 1:30 p.m. - Tastings included

**Mobility:** Moderate

**Transportation:** Bus

## IMPORTANT

- All tours will run rain or shine, so please dress for the weather.
- All sightseeing tours are fully escorted in English.
- All itineraries are subject to change.
- Food is included in tours where noted.

